**Travel Dates: (20th May, 2025-31st May, 2025)**

**Days 1-6: California - Exploring Research Institutions & Healthcare**

**Day 1-6: Arrival in San Francisco: UCSF and Research Institutions**

* Arrive in San Francisco, California.
* Check into your hotel and start exploring **Fisherman’s Wharf** or **Union Square**.
* Enjoy a sunset view from **Golden Gate Bridge** and have dinner at a local seafood restaurant.
* Visit **UCSF Medical Center**, one of the top-ranked medical centers in the USA, particularly in the field of nursing and healthcare. You can request a tour or meet with a researcher if possible.
* Explore **Golden Gate Park**, visit the **California Academy of Sciences**, which has research programs in life sciences and sustainability.
* Head to **Chinatown** for dinner and walk around the vibrant streets of **North Beach**.
* Take a short drive or train ride to **Stanford University**. Visit the **Stanford School of Medicine**, where research on nursing, public health, and medical innovation is conducted.
* Explore the **Stanford Medical Center** and its **Lucile Packard Children's Hospital**, which is known for cutting-edge healthcare research.
* Explore **Palo Alto** and have dinner at a local restaurant.

**Day 7-12 : Los Angeles - Travel and Research Institutions**

* Fly from San Francisco to Los Angeles (about 1.5 hours).
* Visit **UCLA Health**, known for its innovative healthcare research. UCLA’s **School of Nursing** has strong research programs in areas such as chronic care, nursing informatics, and clinical nursing.
* Walk around **Santa Monica Pier** and enjoy the beach sunset
* Visit the **University of Southern California (USC)** and tour their nursing school or research facilities related to public health and healthcare management.
* Explore the **Keck School of Medicine of USC**, which is a leader in healthcare research and clinical trials.
* Visit **The Getty Center**, a cultural hub with stunning views of the city, and enjoy dinner at **West Hollywood**.
* Spend a relaxing morning in **Griffith Park** and hike up to the **Griffith Observatory** for panoramic views of the city.
* Visit the **Natural History Museum of Los Angeles** or explore **The Broad Museum** for art and culture.
* Head to **Downtown LA** for shopping, dining, and a visit to the **Walt Disney Concert Hall**.

**Departure from San Francisco**